



19<sup>th</sup> March 2023  
4<sup>th</sup> Sunday of Lent  
Mothering Sunday  
[www.costachurch.com](http://www.costachurch.com)  
[info.costachurch@gmail.com](mailto:info.costachurch@gmail.com)  
Tel: 952 808 605

## Chaplaincy Pew News

### SOTOGRADE & SAN PEDRO Congregations

**San Pedro** Anglican Communion at 10:00 am.

#### “Christ – the One who enlightens”

<u>Hymns</u>	<u>Reading</u>	<u>Page</u>
--- God of Eve and God of Mary - <i>tune Richmond</i>	1 Samuel 16:1-13	287
545 Open our eyes, Lord - <i>tune Open our eyes</i>	Ephesians 5: 8-14	1176
--- Our Father God in heaven - <i>tune Ellacombe</i>	John chapter 9	1075
331 In heavenly love abiding - <i>tune Penlan.</i>		

**Sotograde** Methodist Service at 12 noon

#### “Seeing”

<u>Hymns</u>	<u>Reading</u>	<u>Page</u>
204 Hail to the Lord's Anointed,	Psalm 23	
649 The King of love my shepherd is,	John chapter 9	1075
449 Love divine, all loves excelling,		
275 I heard the voice of Jesus say.		

### SERVICES ON-LINE

ANGLICAN – We are no longer recording our own services; we can recommend the following:

[The Church of England - YouTube](#) for a choice of traditional Anglican services.

[HTB Church - YouTube](#) for those who want a more modern style Church of England service.

METHODIST - Join at 11am on [www.methodist.org.gi/sunday-service/](http://www.methodist.org.gi/sunday-service/)

### Sabinillas Coffee morning – Back at the American Bistro

Please note that the American Bistro on the Sabinillas Paseo is reopening from Monday 20<sup>th</sup> March and we will be returning there for coffee from Tuesday.

### Advance Notice

### CHURCH ANNUAL MEETING – 28<sup>th</sup> May 2023

We will be holding our Annual Chaplaincy at the end of May at San Pedro. This is an important meeting and the first with our new Chaplain. Everyone is urged to try and attend if at all possible. More details will be made available in the coming weeks.

There are a number of positions on the Church council which are up for election this year in addition to the annual re-election of Church Wardens. The post of assistant Treasurer is one we are keen to fill.

The smooth running of our Chaplaincy depends on members of the congregation being prepared to be involved. If you like to be more involved please speak to one of the existing members of the council –

these details are on the noticeboards. Anyone who has been on the Chaplaincy Electoral roll for at least 6 months is eligible to stand for election.

## **SAFEGUARDING**

In accordance with the Diocese of Europe Protocol and policy, this church has its own Chaplaincy Safeguarding Officer (CSO) who is Jean Kerr-Hill. If you have any concerns or questions with regards to 'Safeguarding', please contact us on [info.costachurch@gmail.com](mailto:info.costachurch@gmail.com) or Jean on [sgojkh48@yahoo.com](mailto:sgojkh48@yahoo.com)



## **FORTHCOMING SERVICES**

DATE	SAN PEDRO	SOTOGRADE
19 <sup>th</sup> March	Anglican 10am (Alex Gordon)	Methodist 12 Noon (Graham Gibbens)
26 <sup>th</sup> March	Anglican 10am (Alex Gordon)	Anglican 12 Noon (Alex Gordon)
2 <sup>nd</sup> April	Anglican 10am (Alex Gordon)	Methodist 12 Noon (Graham Gibbens)
9 <sup>th</sup> April (Easter)	Anglican 10am (Alex Gordon)	Anglican 12 Noon (Alex Gordon)
16 <sup>th</sup> April	Anglican 10am (Service of the Word)	Methodist 12 Noon (TBC)
23 <sup>rd</sup> April	Anglican 10am (Chris Rushton)	Anglican 12 Noon (Chris Rushton)
30 <sup>th</sup> April	Anglican 10am (Service of the Word)	Anglican 10am (Service of the Word)
7 <sup>th</sup> May	Anglican 10am (Service of the Word)	Methodist 12 Noon (TBC)

## **THE BIBLE PROJECT**



Do you want to know more about the Bible, but unsure how to go about it? The Bible Project ([www.bibleproject.com](http://www.bibleproject.com)) is an excellent place to start to learn more, containing short and easy to follow videos on all the books of the Bible as well as many of the themes.

It is a great introduction to some of the lesser-known books as well as a great resource for exploring more complicated issues of our faith and understanding God's plan for us. It is definitely worth checking out.

### **THIS WEEKS RECOMMENDED BIBLE PROJECT VIDEO**

This week we recommend you watch the overview of the 1<sup>st</sup> book of Samuel, this weeks OT reading. [Watch: 1 Samuel Bible Book Overview Video | BibleProject™](#)

## **Sabinillas Tuesday Coffee Mornings**

We meet each Tuesday from 11am for coffee and a chat at

**The Cafe, American Bistro,**

At the eastern end of the Sabinillas Paseo.

Please call Sylvia on 620052 440 for more details



## **Café y Color Charity**

This charity which we support is still accepting donations of clothing, and shoes especially for men. **PLEASE NOTE** that they are no longer allowed to cook for the homeless, they give out bags of food for people to cook/heat up themselves. So, single tins of beans, tuna, tinned fruit etc plus small **individual** sized toiletries are very much appreciated, not large size packs. Please bring any items to church where we can pass them on.

**PLEASE ENSURE THAT ANY FOODSTUFFS DONATED ARE IN DATE!**

Thank You.

## SPRING FAIR! – Saturday 20<sup>th</sup> May

An opportunity to meet our new Chaplain, Tony & his wife Gisela outside of a Church service.

We are going to hold a Spring Fair at the American Club - ACE club (C/San Roque 65) in Estepona, on Saturday 20th May.



Stalls, raffle, food, excellent company.

**But it won't happen without your help**

Ideas for stalls, and gifts for raffle prizes needed along with you and all your friends.



## Sotogrande Congregation Sunday Lunch

We will be having a lunch together after the Church Service on **Sunday 26<sup>th</sup> March** at The Hairy Lemon in Sotogrande Port. It will be a roast main course with starter and desert plus a drink with the meal and tea/coffee after – all for 25 Euros.

If you want to join us then we will need a 10 Euro deposit per person and to know your selections for the meal. We need to confirm numbers and menu selections at the latest by **Wednesday 22<sup>nd</sup> March** - please speak to Clare Davidson OR Geoff Fabron after the service who will have a more readable version of the menu!



## PRAYER COURSE – UNANSWERED PRAYER

We are continuing with the in-person prayer meetings on the theme "Unanswered prayer". The course will run alternate Mondays starting 27<sup>th</sup> February starting at 6:30 PM with the session (Video and discussion), prayer, and then supper.

The next in-person meeting will be on 27<sup>th</sup> March at the home of Lorenzo & Margarita. Please contact Margarita if you need directions.

27th of February  
13th of March  
**27th of March**  
10th of April  
24th of April

unanswered  
**prayer**  
the prayer course II

On the Mondays in between, we will have the usual online zoom meeting at 8 PM with a discussion (about the previously sent video)

<https://us02web.zoom.us/j/85967406449>

Meeting ID 859 6740 6449. Contact Margarita for the Access Code Margarita on [margarita.wrann@gmail.com](mailto:margarita.wrann@gmail.com) or via WhatsApp on +34 650965677

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## **NEW WEBSITE NOW LIVE!**

Our updated and new look Chaplaincy website has now gone live – please check it out. We are still working on expanding it and adding to the site. [www.costachurch.com](http://www.costachurch.com)

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**If you have any item for Pew News, please send it to:**

**Churchwarden San Pedro** - [2021andreabc@gmail.com](mailto:2021andreabc@gmail.com)  
**Churchwarden Sotogrande** - [sotograndechurchwarden@hotmail.com](mailto:sotograndechurchwarden@hotmail.com)  
San Pedro Pastoral Care Helpline - [patricia.g2515@hotmail.co.uk](mailto:patricia.g2515@hotmail.co.uk)  
Family News (births, etc.) - [lesley.fabron@hotmail.co.uk](mailto:lesley.fabron@hotmail.co.uk)  
**Church ECO website:** [costaecogroup.wixsite.com/website-3](http://costaecogroup.wixsite.com/website-3)  
**Church ECO group Facebook page:** [Costa del Sol Eco group](#)

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### **CAMEO - Come and Meet Each Other SAN PEDRO FRIDAY COFFEE MORNINGS**

We meet each Friday from 11:00 am for coffee and a chat at

**La Tradicional, Calle Palencia 2**

San Pedro (usual after church venue)

Call Jean on 609 256 274 for more details



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## **UPDATED CHAPLAINCY HANDBOOK**

There have been some updates to the handbook to reflect changes over the past few months. If you want an updated copy, then please contact Jean Kerr-hill on [sgojkh48@yahoo.com](mailto:sgojkh48@yahoo.com)

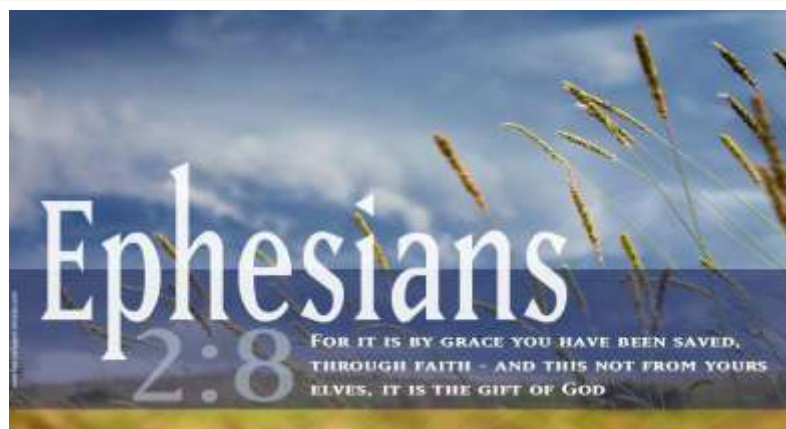
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## **Tithes and Offerings**

We have re-introduced the offering bag during the services as part of our worship. We appreciate that some of you may still feel uncomfortable with this so for those who wish to make their offerings directly please contact our treasurer who will provide our bank details so you can make a transfer.

[sarah.wall160@gmail.com](mailto:sarah.wall160@gmail.com)

Remember that regular donations can be tax deductible - contact our treasurer for details.



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## **LENT THEME & STUDY FOR 2023**



**Dust + Glory** is the Church of England's Lent theme for 2023. This Lent we are invited to explore how we can live well with the mess of everyday life. Dust + Glory encourages us to take a fresh look at the frustrations and failings that every day brings and, rather than pretending we can always avoid them, seek to learn from them and grow closer to God through them.

*Archbishops of Canterbury and York*

We have received this information probably too late to order the booklets and get them in time for starting on 22<sup>nd</sup> February. However, there is a free on-line version, follow this link and you will be sent daily emails.

<https://www.churchofengland.org/our-faith/what-we-believe/lent-holy-week-and-easter/dust-and-glory-lent-reflections>

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## **MAUNDY THURSDAY 6<sup>th</sup> APRIL**

Maundy Thursday (April 6) is the beginning of what is known as the sacred Triduum – the three intense days for Christians in which we celebrate our Lord's Paschal Mystery of his suffering, death and resurrection. The special liturgies for these three days actually are one continuous celebration of this mystery. However circumstances at this time do not allow us to have easy access to the church buildings during this period, and so our remembrance of the Lord's Passion comes on Palm Sunday, and we remember the Institution of the Eucharist, including the symbolic action of the washing of feet, in a celebration at the **Chaplaincy House** on Maundy Thursday at **12h30** which will be followed by a light 'bring and share' lunch.

Please let Alex know if you are intending to be present. The celebration of the Lord's resurrection will, of course, be on Easter Day (April 9) , and will include the renewal of our baptism vows from the liturgy of Holy Saturday.

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## **Do you live on your own?**

We don't have to be elderly, sick or unstable to have a fall, it can happen to any of us. Although most of us now have a mobile phone it might not be to hand when you need it most.

We have recently had cases where fallen people have not been found for hours or even days, don't let that happen to you.



There are various types of panic buttons on the market, which you can hang around your neck, this is just one, and this is the link to find out about it:-

<https://alarmas-para-casa.com.es/accesorios/60-pulsador-emergencia-personas-mayores.html>

This comes up in Spanish but most computers will offer a translation. Panic buttons are no good if you don't wear them. Some phones include a panic button element, but of course you have to be able to reach it.

The Spanish social security do offer panic buttons to the over 80s, but require you to be registered with them and it can involve a lot of red tape.

### **What else can you do?**

Team up with a friend or neighbour and have an arrangement to telephone or message each other every day, but don't forget to answer or unnecessary alarms will be raised.

**The important thing is to plan in advance for an accident .**

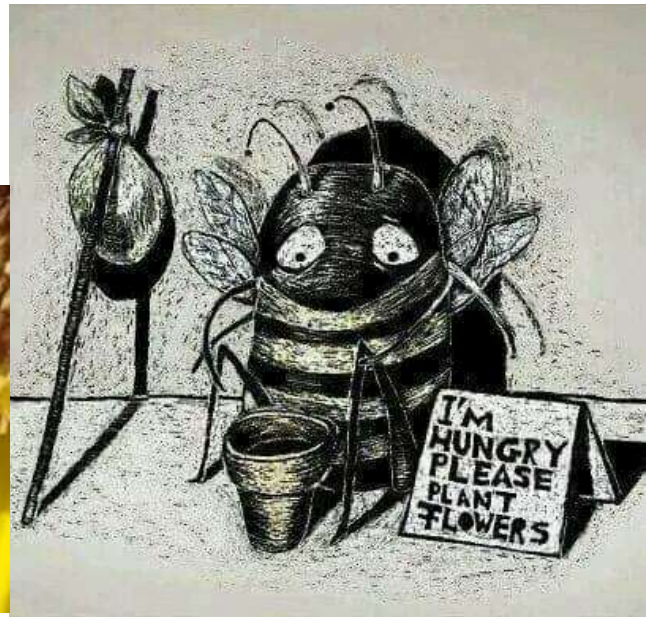


Forgiveness is deciding to live with the pain someone inflicted upon you

"And be ye kind one to another, tenderhearted, forgiving one another, even as God for Christ's sake hath forgiven you." Ephesians 4:32

## ECO NEWS

Put out flowers in flowerpots if you don't have a garden. It will help the bees



\*ECO REP - Rosalind Scott-Gibb [rosalind.scott.gibb@gmail.com](mailto:rosalind.scott.gibb@gmail.com)



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## San Pedro News



If you have anyone you would like included in the service prayers this week, let Patricia know at: [patricia.g2515@hotmail.co.uk](mailto:patricia.g2515@hotmail.co.uk)



### Wonderful Mother

God made a wonderful mother,  
A mother who never grows old;  
He made her smile of the sunshine,  
And He molded her heart of pure gold;  
In her eyes He placed bright shining stars,  
In her cheeks fair roses you see;  
God made a wonderful mother,  
And He gave that dear mother to me.

### Spring Fair, come and meet our new chaplain Tony and his wife Gisela.

ACE club (C/San Roque 65) in Estepona, on Saturday 20th May  
Stalls, raffle, food, excellent company.

#### But it won't happen without your help

Ideas and gifts for raffle prizes needed along with you and all your friends.

### We also want your help and input.

To have a Songs of Praise type service on 7th May, the theme of the day is Jesus, the way, truth and life. So we are looking for inspirational readings, not necessarily from the bible, poems and testimonies that mean something special to you, along with a favourite hymn, if you would rather not read your piece yourself that doesn't matter, but we want to hear your ideas. So start to think **NOW**, don't put it off.

We can't promise to include everyone's hymns or readings as we will need a balanced programme and will also need to consider timing.

Andrea has some ideas for the service on the 30th April, if it is anything like her Sunday School projects we will be in for a treat!

### Bags and books still available, buy your bags to carry home your books.

**Please continue to remember those less fortunate than ourselves.**

**Keep supporting our local charities who are struggling to feed many families.**

**This weeks donations will go to Emaus in Estepona.**

Items needed most for all the charities:-

Milk, cooking oil, potatoes, rice, tomate frito, lentils, pastas, tuna, chick peas, flour. All the essentials and perhaps some treats.



19/3/2023

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